

## **Frequently Asked Questions about Ultrasound**

### **How are ultrasound procedures performed?**

For most ultrasound exams, you will be lying on your back on an exam table that can be tilted. A clear gel is applied to the area being scanned. This gel is to help the transducer make secure contact with the body and eliminate air pockets between the transducer and the skin. The sonographer then presses the transducer against the skin and moves it back and forth over the area being scanned.

### **When will my doctor get the results?**

After your scan is completed the images will be reviewed by a radiologist who will then interpret and dictate a report. This report will then be sent to your physician within 24-48 hours.

## **How Should I Prepare for the Procedure?**

ABDOMINAL US / GALLBLADDER, LIVER, (Upper Quadrant)

The patient must not have anything to eat or drink after midnight, not even water.

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BLADDER ULTRASOUND (Pelvic Limited)

The patient must drink 24 ounces of water and be finished drinking one hour prior to their exam. They cannot urinate until after their exam.

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PELVIC with or without TRANSVAGINAL ULTRASOUND

In order to properly perform this ultrasound test, the patient's bladder must be full. The patient 32 ounces of water, 1 hour prior to the exam, and cannot urinate until after the exam.

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RENAL ULTRASOUND (KIDNEY)

Drink 16 ounces of water 1 hour prior to the exam.  
The patient cannot urinate one hour prior to the exam.

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TESTICULAR ULTRASOUND

The patient should avoid using any powder in this area after showering.

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VEINOUS / VEIN / DOPPLER ULTRASOUND

There is no special preparation for this ultrasound.