

## You Are Scheduled for a DXA Bone Density Study

Your scan will take place in Radiology at the Meridian office.  
2855 East Magic View Drive in Meridian, Idaho  
Suite B, on the ground floor

\_\_\_\_\_ (Patient Name)

\_\_\_\_\_ (Patient Date of Birth)

**Your DXA appointment is scheduled for:**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

### In Preparation For Your Exam:

- Please do not take calcium supplements for at least 24 hours prior to study. (This includes multi-vitamins and calcium containing antacids.)
- You may eat, drink and take medications without any restrictions.
- Dress comfortably and wear loose fitting clothing. Any clothing you wear with metal (such as snaps, zippers, eyelets, or under wires) will need to be changed.
- Ladies, please contact your nurse or physician prior to the day of your exam if you are pregnant or think you may be pregnant.

### Following Your Exam:

- You may resume taking your calcium supplements.
- You will not have any restrictions on your eating, drinking, or activities.

**Your follow up appointment is scheduled for:**

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

If you have any questions prior to your scan and need to talk to your nurse, please call (208) 639-4900. If you need to talk to someone in Radiology, please call (208) 639-4900.

Staff Initials: \_\_\_\_\_